ÖZET

Burada verilen bilgiler, Op. Dr. Mustafa AKGÜN'ün mesleki kariyer ve özel profilini kapsamaktadır. Primer faaliyet ve mesleki alanı Beyin ve Sinir Cerrahisi Uzmanlığı olup, ikinci uzmanlık alanı Nörolojik Rehabilitasyondur. Değerlendirme sırasında profil yapısı yanında vizyon, proje geliştirme, programlama, yürütme ve eğitim faaliyetlerinin de göz önünde bulundurulması önemle rica olunur.

Tecrübe ve Eğitimler

Dönemi	Yer	Konumu
1970-1978	Haskovo Kiril ve Metodi İlk Öğretim Okulu Bulgaristan	Öğrenci
1978-1982	Bursa Çınar Lisesi, Bursa Türkiye	Öğrenci
1982-1988	Cumhuriyet Üniversitesi Tıp Fakültesi, Sivas, Türkiye	Tıp Fakültesi Öğrencisi
1988-1989	T.C. Sağlık Bakanlığı Mardin 3. Nolu Sağlık Ocağı, Mardin, Türkiye	Tıp Doktoru
1989-1995	Cumhuriyet Üniversitesi Tıp Fakültesi Hastanesi Nöroşirürji Ana Bilim Dalı Sivas, Türkiye	Araştırma Görevlisi
1994	Gazi Üniversitesi Tıp Fakültesi Nöroşirürji Ana Bilim Dalı, Ankara, Türkiye	Araştırma Görevlisi, Mikrocerrahi Eğitimi
1995-1996	Cumhuriyet Üniversitesi Tıp Fakültesi Nöroşirürji Ana Bilim Dalı Sivas, Türkiye	Öğretim Görevlisi
1996-1997	Cumhuriyet Üniversitesi Tıp Fakültesi Nöroşirürji Ana Bilim Dalı Sivas, Türkiye	Öğretim Üyesi
1997-1998	T.C. Sağlık Bakanlığı Mustafa Kemal Paşa Devlet Hastanesi Bursa, Türkiye	Beyin Cerrahi Uzmanı
1998-2011	T.C. Sağlık Bakanlığı Bursa Devlet Hastanesi Bursa, Türkiye	Beyin Cerrahi Uzmanı
2011-2012	Özel Atakent Hastanesi Yalova, Türkiye	Beyin Cerrahi Uzmanı
2012-	Özel Hospitalium Çamlıca Hastanesi, İstanbul, Türkiye	Beyin Cerrahi Uzmanı
2000 Kasım	Stift Evangelista Hospital Nöroşirürji Kliniği Koblenz Almanya	Mikroşirürji Eğitimi
2001 Mart	KWA Stift Rottal Klinik Bad Griesbach Almanya,	Nörolojik Rehabilitasyon Eğitimi
2001 Temmuz	Karlsfeld, Münih vakalarını sundu	Nörolojik Rehabilitasyon Eğitimi
2003-2005 Nisan	KWA Stift Rottal Klinik Bad Griesbach Almanya	Nörolojik Rehabilitasyon Eğitimi, Kongre Konuşmacısı
2004 Nisan	KWA Stift Rottal Klinik Bad Griesbach Almanya	Nörolojik Rehabilitasyon Eğitimi, Kongre Konuşmacısı
2005 Nisan		Nörolojik Rehabilitasyon Eğitimi, Kongre Konuşmacısı
2006 Şubat	IV. WNRC International Neurological Rehabilitation Congress'e Hong Kong'da	Nörolojik Rehabilitasyon Alanında Yeni Tedavi Teknikleri Hakkında 8 Bildiri Götürdü
2004-2010	Mentamove Rehabilitasyon Merkezi Bursa	Nörolojik Rehabilitasyon Alanında Eğitim ve Pratik Hizmetler Sunumu
1998-2012	Bey-Om-Sin Özel Sağlık Hizmetleri	Nörolojik Rehabilitasyon Alanında Proje Geliştirme ve Yönetme

Ad Soyad	Mustafa Akgün
Telefon	0090 216 443 71 05
Mobil	0090 532 599 46 15
e-mail	info@drmustafaakgun.com
İş Adresi	Kısıklı Mah. Alemdağ Cd. No:99 Üsküdar İstanbul Türkiye

2. Internationaler Mentamove®-Kongress

Hirnleistungstraining bei zentralen Bewegungsstörungen

Neue wissenschaftliche Ergebnisse zur Mentamove®-Methode bei der Behandlung von Spastik. Ataxie und Tremor

KWA KLINIK STIFT ROTTAL

MAX-KÖHLER-SRAßE 3

94086 BAD GRİESBACH

FREİTAG, 23. APRİL 2004, 13 - 18.30 UHR

(für Ärzte und Therapeuten, Krankenkassen

und Medizinische Dienste)

SAMSTAG, 24. APRİL 2003, 9.30 - 18 UHR

(FÜR PATİENTEN, ANGEHÖRİGE, ÄRZTE,

THERAPEUTEN, INTERESSİERTE)

Referenten und Moderatoren:

DR. MED. MUSTAFA AKGÜN

Neurochirurg, Städt. Krankenhaus Bursa, Türkei

DR. MED. CHRISTOPH GARNER

Arzt für Neurologie, Chefarzt KWA-Klinik

Stift Rottal, Bad Griesbach

Christina und Manfred Klaus
Privat-Institut für Reha-Anwendungen

KARLSFELD

Prof. Dato Dr. Zaliha Omar
Leiterin Rehabilitation Universitätsklinik
Kuala Lumpur, Malaysia

UWE PETER FISCHER

Leitender Mentamove®-Therapeut

Klinik Dr. Evers, Sundern

Div. **Therapeuten**

aus verschiedenen Kliniken und Praxen

IN KOOPERATİON MİT:

Privat-Institut für Reha-Anwendungen

Karlsfeld / München

Mentamove® Info-Büro pIfR Privat-Institut für

Reha-Anwendungen Bad Köstritz

Mentamove® Zentrum Düsseldorf

Mentamove® Center Bursa,Türkei

Mentamove® Center Calcutta, Indien

Mentamove® Center Budapest, Ungarn

Mentamove® Center Prag, Tschechien

Lazcorp Holdings, Kuala Lumpur, Malaysia

Regionalbeauftragter Stiftung

Deutsche Schlaganfallhilfe Bad Griesbach

DMSG- Regionalgruppe Passau

Selbsthilfegruppe Schlaganfall Bad Füssing

VERANSTALTUNGSORT

Saal und Behandlungsräume der KWA KLINIK STIFT ROTTAL - Klinik für Neurologische und GERIATRISCHE REHABILITATION - BAD GRIESBACH

Internet-Adresse: www.kwa-klinik-stift-rottal.de

Teilnehmer: Patienten, Angehörige, Ärzte, Therapeuten

TEILNAHMEGEBÜHR **(NUR FÜR SAMSTAG)**

Bezahlung an der Tageskasse

20 EURO pro Person, incl. Mittagessen u. Pausengetränken
30 EURO für Ehepaare, incl. Mittagessen u.

Pausengetränken

Kostenlose Testung der Behandlungsmethode

KWA-KLINIK STIFT ROTTAL

MAX-KÖHLER-STRAßE 3

94086 Bad Griesbach

Tel.: 0 85 32 – 8 74 61

Fax: 0 85 32 – 8 74 84

e-mail: seeger-hildegard@kwa.de

Bitte bis spätestens 16. April 2004 anmelden:

Lokale Organisation:

HILDEGARD SEEGER, KWA STIFT ROTTAL
DR. CHRISTOPH GARNER, KWA STIFT ROTTAL
Manfred Klaus, plfR Karlsfeld

Unterkunft (falls nötig, bitte selbst reservieren):

Apart-Hotel Herzog Tassilo Bad Griesbach:
Tel: 0 85 32 - 97 10
oder Kurverwaltung Bad Griesbach
Tel.: 0 85 32 - 7 92 40

P r o g r a m m

Freitag 23. April 2004

Wissenschaftliches Symposium
(für Ärzte und Therapeuten, Krankenkassen und Medizinische Dienste)

ab 12.00 Uhr Registrierung und Anmeldung

13.00

Internationalisierung der Mentamove® Methode

13.30 (M. Klaus)

14.15 **Ergebnisse Mentamove® Studie**
Im KWA-Stift Rottal
(Garner)

15.00

15.30 ERFAHRUNGSBERİCHT AUS MALAYSİA

MİT DER MENTAMOVE®-METHODE

17.30 (Omar)

18.00

18.15 Pause

19.00

Funktionelle MRI-Studie: Veränderungen im Cortex vor

und nach Mentamove®-Training

(Akgün)

DİSKUSSİON

ENDE DES KONGRESSES

Pressekonferenz (u.a. FAZ Passau)

Buffet im KWA-Stift Rottal

(Anmeldung erforderlich)

P r o g r a m m

Samstag 24. April 2004

Lähmungen - ein bleibendes Schicksal?

Spezialisten und Patienten berichten über ihre Erfahrungen mit der Mentamove®-Methode

Eine Veranstaltung für Patienten nach Schlag-anfall, bei Multipler Sklerose oder anderen Schädigungen des Gehirns und für Kinder mit spastischen Lähmungen

ab 8.30 Uhr Registrierung und Anmeldung

Moderation Garner / M. Klaus

Vormittag

9.30

HİRNLEİSTUNGSTRAİNİNG MİT MENTAMOVE®

(C. Klaus)

10.15 *PRAKTİSCHE ERFAHRUNGEN MİT*

MENTAMOVE® BEİ VERSCHİEDENEN KRANKHEİTSBİLDERN

(Garner)

KAFFEEPAUSE

10.45

WAS VERÄNDERT SİCH BEİM MENTALEN TRAİNİNG İM GEHİRN

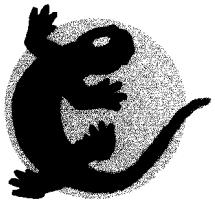
11.15 (Akgün)

Erfahrungsberichte von Therapeuten mit Patienten mit der Methode

12.00 **(DİV.THERAPEUTEN/GARNER)**

MİTTAGESSEN

13.00



Am Nachmittag finden Workshops statt. Jeder Workshop dauert 45 Minuten und wird 4mal wiederholt, so dass jeder Teilnehmer die Möglichkeit hat, jeden Workshop zu besuchen.

Nachmittag

14:00

WORKSHOP 1: MENTAMOVE® BEI SCHLAGANFALL - TRAINING AM ARM

14:45

15:30 WORKSHOP 2: MENTAMOVE® BEI SCHLAGANFALL - TRAINING AM BEIN

16:00

Kaffepause

16.45

WORKSHOP 3: MENTAMOVE® BEİ KİNDERN MİT SPASTİSCHEN LÄHMUNGEN

17:30

18.30 WORKSHOP 4: MENTAMOVE® BEI MS UND ATAXIE

DİSKUSSİON DER MENTAMOVE®-METHODE MİT DEN REFERENTEN UND TEİLNEHMERN

Ende der Tagung

From Mentamove 2004

P r e s s – r e p o r t

2nd. I n t e r n a l M e n t a m o v e – C o n g r e s s at B a d G r i e s b a c h f r o m 23. to 24. April 2004

Paralysis - for many no longer a lasting fate.

Bad Griesbach.- Dr. Garner, Medical Superintendent of the Neurological Clinic "Stift Rottal" is himself very impressed by the international success of the Mentamove-method which he has been using himself for some years. "If I had not myself examined those patients as they were admitted to our clinic I would not believe it", says Dr. Garner at the 2nd. International Mentamove Congress which was held at the week-end at Bad Griesbach. Prof. Dr. Zaliha Omar from the medical university of Kuala Lumpur also reports astonishing success after just 1 to 2 months. At the moment there is a study being made in Malaysia on patients who suffered a stroke some time in the past, using the brain-stimulating-training of the Mentamove-method.

Mr. Pietch, a patient is telling us and shows his happiness with a smile having relearned to walk. "I can now understand how I am able to walk again alone with the help of a walking stick, having suffered a partial paralysis. My brain has now re-programmed the physical movements. Through fMRI a functional Magnetic Resonance Imaging, Dr. Mustafa Akgün from Bursa in Turkey explained where in the brain the newly formed movements have been stored. These sensational images have been produced by a Turkish-German scientific team using a group of 32 patients who have been treated during 2002 – 2003 exclusively with the mentamove- method. Video recordings are

documenting the different patients after having suffered a stroke, cranio-cerebral trauma and tumour operations at the end of the therapy which lasted between 6 to 12 months.

Wolfgang Hoermann from Munich who is a multiple sclerosis patient with severe Ataxia is now once again able to unlock the door, (to put the key into the key-hole) and has not to rely on outside help. Up to now here has been no better help for patients with Ataxia. Conventional medicine has up to now been unable to help patients with Ataxia so effectively.

Manfred Klaus of the Privat-Institut for rehabilation in Karlsfeld near Munich had every reason to be proud in reporting that of 10.000 patients in Germany who have been treated with the Mentamove-method, 84% , (8.400 patients) with central lesions, gained improvements. It is also impressive that by using Mentamove more than 25 million Euros have been saved economically over the last 6 years.

Mrs. Ch. Klaus who is scientifically involved with the subject, explained the function of the brain-stimulation-training. "It is wonderful that this therapy can be applied within the home". In Germany there are at the moment 400 trained Mentamove trained therapists.

Specialists from Hungary, Austria, USA, Spain, Malaysia, India and Turkey declared during the Congress the Mentamove-method as an out-standing innovation in the field of neurological medicine.

The different workshops on Saturday afternoon were much appreciated. Patients could try the different training variations on themselves and speak to experts.

It is sad having to report that inspite of numerous invitations, not one single Medical insurance Co. attended and the Medical services showed no interest in the Congress, although it is proven that the Mentamove- method could contribute to cost-reduction!

Patients and relatives were enthusiastic. They had the opportunity to talk to other patients who have seen and explained improvements in the mean- time. There is no guarantee, but they have seen the possibility to reduce or even to overcome their spasticity or paralysis. One patient who is starting treatment next week with the Mentamove-method said, "next year at the Mentamove Congress I want to show how the Mentamove- method has helped me".

3rd International Mentamove®-congress

Brain efficiency Training

New scientific results to the Mentamove-method with the treatment of paralysis, spasticity, ataxia and tremor.

KWA KLINIK STIFT ROTTAL

MAX-KÖHLER-SRAßE 3

94086 BAD GRIESBACH

Friday,15th April 2005, 01.00 p.m. - 06.00 p. m.
Scientific symposium
for experts
(physicians and therapists, health insurances and medical services)

Saturday, 16th April 2005, 09.30 a.m. - 06.00 p.m.
for patients, relatives, physicians, therapists, persons interested

Advisers and presenters :

- **Dr.med. Mustafa Akgün**
  Neurochirurg, urban hospital Bursa/Türkei
- **Dr.med. Christoph Garner**
  Physician for neurology, head physician KWA-clinic Stift Rottal, Bad Griesbach
- **Dr.med. Mustafa Akgün,**
  Mentamove-rehabilitation -center and -clinic Bursa/Turkey
- **Christina and Manfred Klaus**
  Privat-Institut für Reha-Anwendungen Karlsfeld/München
  Mentamove-AG Brigels/Switzerland
- **Andreas Lammert**
  Mentamove-therapist KWA-clinic Stift Rottal, Bad Griesbach
- **Dr. Saini Jeffery**
  Leader neurological department clinic of university Kuala Lumpur/Malaysia

- **Prim. Univ. Prof. Dr. Michael Quittan**
  Institut for physical rehabilitation
  Kaiser-Franz-Josef-Spital Vienna/Austria
- **Dr. Rohit Subhedar**
  Leader of physical therapy, Bombay Hospital, Indore/India

In cooperation with:

- Privat-Institut für Reha-Anwendungen, Karlsfeld/Munich
- Mentamove-AG, Brigels/Switzerland
- Mentamove Switzerland
- Mentamove-Center Bursa/Turkey
- Mentamove Bombay/India
- Mentamove Kuala Lumpur/Malaysia
- Medizintechnik Voller, Ried/Austria
- Kaiser-Franz-Josef-Spital, Vienna/Austria
- KWA Bad Dürrheim
- Regional representative for German stroke help, Bad Griesbach
- DMSG-self-help group, Passau
- Self-help group stroke, Bad Füssing

Place of the event:
Hall and treatment-rooms of the KWA-clinik Stift Rottal - clinic for neurological and geriatric rehabilitation,
94086 Bad Griesbach, Max-Köhler-Str. 3
www.kwa-klinik-stift-rottal.de

Participants: patients, family members, physicians, therapists

REGISTRATION FEES **(ONLY FOR SATURDAY)**

payment at the box-office

20 EURO per person, incl. lunch and conference drinks
30 EURO for couples, incl. lunch and conference

drinks

Free-testing of the Mentamove-method

KWA-KLINIK STIFT ROTTAL

MAX-KÖHLER-STRAßE 3

94086 Bad Griesbach

Tel.: 0 85 32 – 8 74 61

Fax: 0 85 32 – 8 74 84

e-mail: seeger-hildegard@kwa.de

Latest registration 08.04.05

Local organisation:
Hildegard Seeger, KWA Stift Rottal

Dr. Christoph Garner, KWA Stift Rottal
Manfred Klaus, pIfR Karlsfeld

Lodging (if necessary, please reserve yourselve):
Apart-Hotel Herzog Tassilo, Bad Griesbach Tel. 08532/9710
or health resort management Bad Griesbach Tel. 08532/79240

P r o g r a m m

Friday, 15.04.2005

Scientific symposium

(physicians and therapists, health insurances and medical services)

after 12.00 a.m. registration

13.00 **Internationalisation of Mentamove** (M. Klaus)

13.30 **Mentamove audit trail to ICF (Garner)**

14.00 **Treatment with Mentamove in Malaysia** (Jeffery)

14.30 **Experience report of Mentamove from Vienna** (Quittan)

15.00

15.30 Break

16.00 *MENTAMOVE® IN INDIA*

(Subhedar)

16.30 **Concept Mentamove for Reha-centers, neurolog. Clinical complexes and institutes in Turkey.** (Akgün)

17.30 **Functional MRI-study:**

18:00 **changes in the cortex before and after Mentamove-training** (Akgün)

19:00 **DISCUSSION**

END OF THE CONGRESS

BUFFET IN THE KWA-STIFT ROTTAL

(Registration necessary)

P r o g r a m me

Saturday, 16.04.2005

A way to more mobility - Dare!

Specialists and patients report about their experiences with the Mentamove method.

An event for patients after stroke, multible sclerosis and other damages of the central nervous system, and for children with paralysis. Date: 16. April 2005, 09.30 a.m. - 06.30 p.m.

after 8.30 a.m. registration

Speakers: Garner / M. Klaus

Morning

9.30 BRAIN EFFICIENCY TRAINING WITH MENTAMOVE®

(C. Klaus)

Mentamove at incomplete spinal court injury. (Akgün)

10.00

Experiences with Mentamove® in Vienna/Austria

(QUITTAN)

10.30 *COFFEE-BREAK*

Practical experiences with Mentamove at different syndromes (with patients).(Garner)

11.00

11:30 LUNCH

13.00

In the afternoon workshops take place. Every workshop lasts for 45 minutes and is repeated

4 times so that every participant has the possibility of going to every workshop

Afternoon

14:00

14:45 WORKSHOP 1:

Mentamove and stroke –

Training arm

15:30

16:00

WORKSHOP 2:

16.45

Mentamove and stroke –

17:30 **Training leg**

Coffee break

18.30

WORKSHOP 3:

Mentamove and children with paralysis

WORKSHOP 4:

Mentamove and Multiple Sclerosis / Ataxia

Discussion

End of the congress

From Mentamove 2005 Press Report

3. International Mentamove congress discusses new scientific results for neurological rehablitation with the Mentamove therapy with central damages by impact accumulation or ms

High-ranking advisers from the in and foreign country reported on large progress with the treatment of patients with paralyses, Spastik, ataxia and Tremor due to damages of the central nervous system. With brain achievement training Mentamove are these handicaps for many patients no more lasting fate. Newest scientific realizations for the treatment of paralysis, Spastik, ataxia and Tremor were located in the center of the 3. International Mentamove congress, that took place on 15 and 16 April 2005 in that KWA clinching "pin red valley". "the Mentamove method is a brain achievement training for repreparation and for the relearning of courses of motion", explained host Dr. Christoph Garner, chefarzt of the neurology in the KWA hospital. After alone in the KWA hospital in bath Griesbach so far approximately 4,000 patients were treated with very large success, now the method was to be internationally still further spread. Beside existing therapy centers in Germany, Austria and Turkey now the therapy is used also in Switzerland, India, Malaysia, the USA and Australia.

In information exchange with the scientific symposium the medical profession and therapists from all world participated. Dr. Saini Jeffery, director/conductor of the neurological department of the university clinic in Kuala Lumpur, Malaysia, reports on the results of a study at 13 patients, just locked, with whom the impact accumulation was already more than 1 year back. After application of the Mentamove therapy clear improvements could be observed here with Spastik and paralyses in 10 cases. Dr. Mustafa Akguen, neurosurgeon in the urban hospital in Bursa/Turkey presented revolutionary photographs of the brain, which were provided with the help of functional magnet resonance tomography. "with functional magnet resonance tomography we can prove, which recover brain ranges able are to take over the functions of damaged brain regions. Exactly the Mentamove method supports this learning process of the brain in optimal way ", thus Dr. Akguen. "in Turkey we obtained outstanding successes with this therapy." Also prime. Univ. Prof Dr. Michael Quittan of the emperor Franz Josef hospital in Vienna reported of positive results with 44 Mentamove patients, who were therapiert longer than 3 months.

On the second meeting day over 50 patients and member had appeared themselves, in order to inform about the Mentamove therapy. After paralysis for many years the patients could the movement again again feel and see. Particularly impressed the participants showed up over the fact that also in allegedly austherapierten cases with longer which is past impact accumulation lasting improvements of the motor abilities are obtained.

The economic advantages of the method are enormous. Apart from clear cost lowerings by a lower medicine consumption, a sinking care expenditure and savings with aids in particular also an increase of the quality of life of the patient and its surrounding field speaks for the Mentamove therapy. Although a success ratio underlines the positive effects of 84 % with over 10.000 patients impressively, numerous health insurance companies point themselves a little unlocked and the invitation to the congress did not follow. Christina Klaus by Privatinstitut for Reha applications: "unfortunately some health insurances understand the action principle not yet and place a short term costs consideration before a lasting therapy success with the patient. But there are here also positive examples of health insurance companies, which recognized that the assumption of the costs of Mentamove is enormously economical and efficient."

Over the KWA hospital pin red valley: The hospital of the KWA pin red valley exists since 1978 and covers 85 beds for neurological and geriatric rehablitation. Within the neurological range a multiplicity of classical, in addition, new and alternative treatment and therapy methods is offered. Over Privat-Institut for Reha applications: Privat-Institut for Reha applications is one of the prominent offerers in the area of the neurological rehablitation, e.g. after impact accumulation, multiple Sklerose, inkompletter cross section paralysis. With the Mentamove therapy developed by Privat-Institut learn patients lost gone courses of motion again, reduce Spastik, paralyses and ataxias and increase thereby their quality of life. Over the Mentamove method: The Mentamove method is a brain achievement training, which is based on the principle of the neuro plasticity. The patient implements a meaningful, purposeful movement purely mentally, without strain of the muscle. The Mentamove equipment seizes with special electrodes whether and how well the patient imagined the movement and releases the meant movement with exceeding of an individual threshold value by stimulation of the muscle actually. By regular practicing will the brain lively to learn and store within healthy brain ranges durably failed functions again again.

4th International Mentamove®-Congress in Munich, Germany
March 31st – April 1st 2006

Neuroplasticity – Ideomotoric Learning by Mental Training

New scientific results using the Mentamove method for the treatment of paralysis, spasticity, ataxia and tremor.

KWA GEORG-BRAUCHLE-HAUS

STAUDINGER STR. 58

81735 MÜNCHEN

Friday, 31st March 2006, 1.00 p.m. - 6.00 p. m.
Scientific Expert Symposium
(This session is primarily for physicians, therapists and those working in the area of health insurance and medical services)

Saturday, 1st April 2006, 09.30 a.m. - 6.00 p.m.
(This session is for patients, their relatives, physicians, therapists, and other interested parties)

Advisors and presenters :

- **Dr.med. Mustafa Akgün**
  Neurosurgeon, Urban Hospita,l Bursa, Turkey
- **Dr. Prithika Chari**
  Neurologist and Neurosurgeon,

  Apollo Hospitals, Chennai, India
- **Dr. Rohini Dange**
  Chief Therapist, Sahyadri Hospital, Pune, India
- **Dr.med. Christoph Garner**
  Physician for Neurology, Head Physician KWA Klinik Stift Rottal, Bad Griesbach, Germany
- **Jelena Gottwald**
  Chief Therapist, pIfR GmbH, Mentamove®

Karlsfeld, Germany

- ☐ **Dr. Shirish Hastak**
  Neurologist, Wellspring Hospita,l Mumbai, India

- ☐ **Christina and Manfred Klaus**
  Privat-Institut für Reha-Anwendungen Karlsfeld/München
  Mentamove-AG Brigels, Switzerland
- ☐ **Pete Levin**, Chief Therapist, Drake Institute, University Cincinnati, USA
- ☐ **Dr. Mario Prosiegel**
  Neurologist and Head of Neurological Hospital, Munich, Germany

In Cooperation With:

- ☐ Privat-Institut für Reha-Anwendungen, Karlsfeld/Munich
- ☐ Mentamove-AG, Brigels/Switzerland
- ☐ Mentamove Schweiz GmbH
- ☐ Mentamove-Center Bursa/Turkey
- ☐ Mentamove India Privat Ltd./India
- ☐ Medizintechnik Voller, Ried/Austria
- ☐ KWA Stift Rottal /Bad Griesbach
- ☐ KWA München
- ☐ Regional representative for German stroke help, Bad Griesbach
- ☐ DMSG-self-help group, Passau

Conress Venue
KWA-Georg Brauchle-Haus,

Staudinger-Str. 58,

81375 München
www.kwa.de

Participants: patients, family members, physicians, therapists, other interested parties

REGISTRATION FEE **(SATURDAY ONLY)**

20 EURO per person, including lunch and conference drinks
30 EURO for couples, including lunch and conference drinks

Payment at congress reception

Registration fee includes personal demonstration and test of the Mentamove®-therapy

Registration address

PRİVAT-INSTİTUT FÜR REHA-ANWENDUNGEN
AN DER STEİNERNEN BRÜCKE 1

85757 Karlsfeld

TEL.: 08131/99 66 80
FAX: 08131/99 66 8-20

E-MAIL: ***INFO@MENTAMOVE.DE***

Latest registration date: 27.03.2006

Local organisation:
KWA Georg-Brauchle-Haus
KWA Stift Rottal

pIfR Karlsfeld

Accomodation:

Please contact Tourist Information,

Munich, 0 89/2 33 96 55-0

P r o g r a m me

Friday, 31.03.2006
Scientific Expert Symposium

Registration from 12.00 a.m.

13.00 **Introduction and welcome**

Garner, KWA Klinik Stift Rottal, Bad Griesbach, Germany

13.15

Neuroplasticity and rehabilitation Prosiegel, Neurol. KH, Munich, Germany

14.15

15.00 *MOTOR RELEARNING THROUGH MENTAL IMAGERY*

Chari, Apollo hospital Chennai, India

15.30

Coffee break

16.00

MEASURING AND DOCUMENTING THE EFFICIENCY OF MENTAMOVE®-TRAINING USING ICF-CODES (WHO)

16.30

Study of the effect of Mentamove®-Training on foot-elevation after stroke in the USA
(Strategy and concept)

16.45 Levin, Drake Institute, University Cincinnati, USA

POSTER PRESENTATION CASE-STUDY ON STROKE

17.30 Hastak, Wellspring Hospital Mumbai, India

18:00

fMRI before and after mental training with Mentamove® in Turkey

(THIS DATA WILL BE PRESENTED AT WCNR, HONGKONG 2006)

AKGÜN, URBAN HOSPITAL BURSA, TURKEY

DISCUSSION

RECEPTION

PRESS CONFERENCE

P r o g r a m me

Saturday, 01.04.2006

Your brain can achieve more than you believe –make use of it!

Specialists and patients report about their experiences with the Mentamove therapy.

An event for patients following stroke, multiple sclerosis, damage of the central nervous system, and children with paralysis.

Registration from 8.30 a.m.

Morning

9.30

INTRODUCTION AND WELCOME

(Garner)

09.45

MENTAMOVE THERAPY

(C. Klaus)

10.15

Learning with Mentamove®

(GARNER)

11.00

11:30 **COFFEE BREAK**

EXPERIENCES WITH MENTAMOVE® IN INDIA

(Chari, Chennai and Dange, Pune, India)

12.00

PRACTICAL EXPERIENCES WITH MENTAMOVE® IN DIFFERENT CLINICAL SETTINGS

(Garner and Gottwald)

13.00 Lunch

There will be workshops in the afternoon. Each workshop takes approximately 45 minutes and is repeated 4 times so that every participant has the possibility to participate in every workshop.

Afternoon

14:00

14:45 WORKSHOP 1:

Mentamove and stroke –

arm training

15:30

16:00

WORKSHOP 2:

16.45 **Mentamove and stroke –**

leg training

17:30

Coffee break

18.30

WORKSHOP 3:

Mentamove and children with paralysis and spinal cord injury

WORKSHOP 4:

Mentamove and Multiple Sclerosis / Ataxia

Discussion

Congress ends

From Mentamove 2006

Press Information:

4th International Mentamove® Congress in Munich/Germany 31.03.06 - 02.04.06

The Mentamove® therapy for rehabilitation is a logical step in the use of our knowledge of neuroplasticity. We have been working for many years with problems of swallowing after stroke and other Central Nervous System (CNS) lesions, and we hope that we have now found with this therapy a successful method with no side effects´, said Dr. Prosiegel from Munich.

Up to the present day it has been a problem to characterise and measure small positive changes in patients during their rehabilitation in the clinical environment. The World Health Organisation (WHO) has developed a new standard with the ICF classification (International Classification of Function)´, reported Dr. Garner of the KWA clinic Stift Rottal Bad Griesbach, Germany. Dr. Garner has been using this in practise and has showed the success with the Mentamove® therapy with more than 100 patients when applying the ICF criteria.

Mentamove® is not magic, but neuro-physiologically plausible". This was the summary of Dr. Prithika Chary, neurologist and neurosurgeon of the Apollo Hospital in Chennai, India, the biggest chain of private hospitals in Asia. Dr. Chary conducted a small but scientifically clinical study of 6 patients who did Mentamove therapy from 10 – 25 days. The results were very impressive as 5 out of 6 patients had more than 30 % improvement in functional outcome. The conference members were surprised with the number of scientists who have been using the elements of the Mentamove® therapy for many years. During a practise unit of 15-20 minutes the patients develop a programme of relaxation, motivation, concentration, memory, muscle construction and feedback training. Dr. Chary also underlined the economic advantages and explained how both patients and clinics save time and money.

The University of Cincinnati, USA, is starting a study in May 2006, on the efficiency of the Mentamove® therapy in foot elevation after stroke. Peter Levine, who heads up this research, introduced the study design to the congress participants, and led the discussions on this topic.

At the world congress for rehabilitation in Hong Kong in February 2006, Dr. Netra Nairi, from the Wellspring Hospital in Mumbai, India, presented the results of her case study with Mentamove®, and Mr. Anil Deshpande reported the results here. The patients conditions, before and after a therapy of 3 months with Mentamove® have impressed the participants in Munich. All agreed that patients from India are better at mental training than those from western countries.

The question ´What happens in the brain after 6 months of Mentamove therapy? Was posed by Dr. Mustafa Akgün, a neurosurgeon form Bursa, Turkey. He showed fMRI (functional Magnetic Resonance Imaging) results from 5 patients with different CNS damage after therapy. It was easy to recognise in which area of the brain the new motion functions were established and which areas of the brain have taken over the new re-learned functions.

The 2nd day of the congress focussed on ´Your brain can achieve more than you believe - make use of it " was principally for patients, their relatives and therapists.

Mrs. C. Klaus of the Privat-Institut für Reha-Anwendungen explained how the Mentamove therapy is a Brain Efficiency Training and the fact that the therapy can be used not only for stroke patients but also for patients with multiple sclerosis, spinal cord injury and after brain tumor operations.

Dr. Garner of the KWA clinic Stift Rottal presented what happens in the brain when we learn. Patients especially were thankful for the advice on how this process can be made easier and better. Dr. Chary from Chennai, India and Dr. Dange from Pune, India showed participants the use of video recordings for documenting the progress of their patients, during a course of therapy.

The afternoon was devoted to patients who are currently using Mentamove® and they reported their own experience and progress. Later a number of workshops were held where it was possible to put question to experts and patients. This was especially appreciated by all who attended, because normally it is not possible for patients, and families to to discuss neurological problems in such an expert forum.

The 3rd day of the congress took place in the KWA clinic Stift Rottal in Bad Griesbach, Germany. The topics were as on the 2nd day, and patients at the clinic had an opportunity to report on their experience. Many patients attended who had been using Mentamove® therapy for several years and were able to report on it’s success. This was summed up by Mr. Hörmann, one of the patients, ´It is a pity that not more patients are using the Mentamove therapy. For me the quality of life has improved immensely´.

Contact:

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5th International
Mentamove®-Congress in Munich, Germany

June 22nd – 23rd 2007

Brain efficiency training -
uses knowledge and experiences of neuroplasticity

scientific investigations using the Mentamove®-therapy for the treatment of paralysis, spasticity, ataxia and tremor.

CONGRESS VENUE

Friday, 22nd June 2007, 1.00 p.m. – 6.30 p.m.
Scientific Expert Symposium
(this session is primarily for physicians, therapists and those working in the area of health insurance and medical services)

Saturday 23rd 2007, 1.00 p.m. – 5.30 p.m.
(this session is for patients, their relatives, physicians, therapists, and other interested parties)

Advisors and presenters :

- **Dr. med. Mustafa Akgün**
  Neurosurgeon, Neurological Hospital,
  Bursa, Turkey
- **Dr. Sandeep Bhagwat**
  Chief therapist, Niramay Physiotherapy Hospital, Solapur, India
- **Dr. Rüdiger Damisch**
  Surgeon, Salzburg, Austria
- **Anil Deshpande**
  Chief Mentamove®-trainer

  Mumbai, India

- **Dr. med. Christoph Garner**
  Physician for Neurology, Head physician, KWA Klinik Stift Rottal, Bad Griesbach, Germany
- **Christina und Manfred Klaus**
  Privat-Institut für Reha-Anwendungen Karlsfeld/Munich
  Mentamove-AG Brigels, Switzerland
- **George Minko**
  Manager Mentamove-Australia

  Queensland, Australia

- **Dr. Mario Prosiegel**
  Physician for Neurology, Munich, Germany

- **Prof. Dr.Thomas Weiß**,
  University of Jena, Germany

In Cooperation with:

- Privat-Institut für Reha-Anwendungen, Karlsfeld/München
- Mentamove-AG, Brigels/Switzerland
- Mentamove Switzerland GmbH
- Mentamove-Center Bursa/Turkey
- Mentamove India Privat Ltd./India
- Medizintechnik Voller, Perg/Austria
- KWA Mentamove-Centers
- Mentamove Australia

Congress Venue:

Train your brain – your body is moving

Participants: patients, family members, physicians, therapists, other interested parties

REGISTRATION FEE:

FRIDAY:

30 Euro per person, including conference drinks, Get together and certificate
Saturday:

15 Euro per person, including conference drinks

Payment at congress reception

Registration address:

PRİVAT-INSTİTUT FÜR REHA-ANWENDUNGEN

AN DER STEİNERNEN BRÜCKE 1

85757 Karlsfeld, Germany

TEL.: +49/(0)8131/99 66 80

FAX: +49/(0)8131/99 66 8-20

E-MAIL: *INFO@MENTAMOVE.COM*

Latest registration date: 18th of June 2007

Accomodation:

Please contact Tourist Information,

Munich: +49 (0) 89/2 33 96 55-0

P r o g r a m m e

Friday, 22.06.2007

Scientific Expert Symposium

11:00 Press conference

Registration from 12.00 a. m.

13.00	**Introduction and welcome**
13.15	(Garner, Bad Griesbach)
14.00	**Central-nervous and motor consequences of mental movement images** (Weiss, Uni Jena)
14:30	**EMG-initiated stimulation with the treatment of chronic hemiparesis**
15.00	(Bhagwat, India)
15:15	**Mentamove-Therapy in India**
15:45	(Deshpande, Indien)
16.15	**Practical application with Mentamove**
16:45	(Damisch, Austria)
17:15	**Coffee break**
18:00	**Sensational therapy results with a locked- in-syndrome-patient (video recordings)**

(Minko, Australia)

Study design for gulp therapy with Mentamove

(Prosiegel, Munich)

Measuring and documenting the efficiency of Mentamove training using ICF-Codes (WHO)

(Garner, Bad Griesbach)

fMRI Mentamove® in Turkey
(Akgün, Turkey)

DİSCUSSİON

END

P r o g r a m m e

Saturday, 23.06.2007

Brain efficiency training

Specialists and patients report about their experiences with the Mentamove-therapy.

An event for patients post-stroke, multiple sclerosis and other damages of the central nervous system, including children.

Registration form 8.30 a.m.

13:00

INTRODUCTION AND WELCOME

Learning with Mentamove

13:30 (Garner)

MENTAMOVE® - THERAPY

(C. Klaus)

14:00

COMBINATION OF EMG-INITIATED STIMULATION WITH OTHER THERAPIES WITH DIFFERENT INDICATIONS

(Bhagwat, India)

PRACTICAL EXPERIENCES WITH MENTAMOVE® IN DIFFERENT

14:30 *CLINICAL SETTINGS*

(Garner)

COFFEE BREAK

15:00

WORKSHOP 1

15:30

Mentamove® and stroke –

arm training and food elevation

Workshop 2

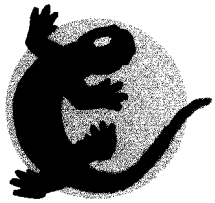
16:15

Mentamove and Multiple Sclerosis/

Ataxia/Spinal court injury

Discussion

17:00



From WCNR 2006

4th World Congress for Neurorehabiltation

WCNR 2006 Hong Kong 12-16 February 2006

Our Presentation Subjects for This Meeteng are Below

1. Mentamove® Rehabilitation After Left Total Carotid Occlusion: fMRI Findings After Treatment (Case Report), (Oral Presentation).
2. Mentamove® Rehabilitation After Right Carotid Artery Occlusion: fMRI Findings After (Case Report), (Oral Presentation).
3. Mentamove® Rehabilitation After Head Injury Patient with Left Thalamic Hematoma: fMRI Findings Before and After Treatment (Case Report), (Oral Presentation)
4. Mentamove® Rehabilitation After Multiple Cerebral Herniaton and Coma (Case Report: Oral Presentation)
5. Mentamove® Rehabilitation After Bilateral Fascial Paralysis and Brachial Plexus Injury (Case Report: Oral Presentation)
6. Mentamove® Rehabilitation After Spinal Cord Injury and Early Application of the Method on the Spinal Cord Injured Patients (Case Report: Oral Presentation)
7. The Treatment Oculomotor Palsy (Ptosiz) with Mentamove® after Post. Co. Artery Aneurysm.

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